

DO YOU REACT WITH YOUR FEELINGS?



DO YOU REACT WITH YOUR INTELLECT?



USING YOUR WISE MIND

Your wise mind is a combination of both your ability to be reasonable and your emotional thinking - a balance between the two. When using your wise mind, you are able to recognize and respect your feelings, while responding in a rational manner.

Let us help you with balancing your thinking.

Clearer Minds - Better Living

PSYCHOLOGICAL SERVICES CENTER

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